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Throwback Love

56 Count, 0 Wall, Intermediate (Phrased)

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& Jean-Pierre Madge (CH) Jun 2017

Choreographed to: Throwback Love by Meghan Trainor

Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B

Starts After: 16 Counts (+/- 17 Sec. On Track)

Part A (32 Counts)

Section 1: Rumba Box, R/L, Mambo Fwd 1/2 Turn R, Shuffle 1/2 Turn R

1 RF Step to right side
& LF Close next to RF
2 RF Step forward
3 LF Step to left side
& RF Close next to LF
4 LF Step forward
5 RF Step forward
& LF Recover weight, 1/4 Turn right (3.00)
6 RF 1/4 Turn right, stepping forward (6.00)
7 LF 1/4 Turn right, stepping to left side (9.00)
& RF Close next to LF
8 LF 1/4 Turn right, stepping backwards (12.00)

Section 2: Mambo Back, Heel, Heel, Together, Cross Step, Snap, Touch Side 2x, Sailor Step R

1 RF Step backwards
& LF Recover weight
2 RF Step forward on the heel
& LF Step forward on the heel
3 RF Close next to LF
& LF Cross over RF
4 Snap your fingers
5 RF Touch to right side
& RF Touch next to LF
6 RF Touch to right side
7 RF Cross behind LF
& LF Small step to left side
8 RF Step to right side

***Restart Point In 2nd Time Part A**

Section 3: Ball Change, Snap, 1/4 Turn L, Snap, 1/4 Turn L, Snap, Side Step, Snap, Jazzbox R, Shorty George

& LF Step next to RF
1 RF Step to right side
& Snap the fingers
2 LF 1/4 Turn left, stepping forward (9.00)
& Snap the fingers
3 RF 1/4 Turn left, stepping to right side (6.00)
& Snap the fingers
4 LF Step to left side
& Snap the fingers
5 RF Cross over LF
& LF Step backwards
6 RF Step to right side
& LF Step forward
7 RF Step forward, Pushing the knee's to right
& LF Step forward, Pushing the knee's to left
8 RF Step forward, Pushing the knee's to right
& LF Step forward, Pushing the knee's to left

Section 4: Heel Step, 1/4 Turn R, Rock Step - 2x, Kick, Behind, Side, Cross - 2x

1 RF Heel forward
& LF 1/4 Turn right, Recovering weight
2 RF Step backwards
& LF Recover weight
3 RF Heel forward
& LF 1/4 Turn right, Recovering weight
4 RF Step backwards
& LF Recover weight
5 RF Kick diagonal right forward
& RF Cross behind LF
6 LF Step to left side
& RF Cross over LF
7 LF Kick to left side
& LF Cross behind RF
8 RF Step to right side
& LF Cross over RF

Part B (24 Counts)

Section 1: Toe, Heel, Cross - 2x, Jump Out, Weight Change L/R, Bounce 4x

1 RF Touch next to LF
& RF Touch heel to right side
2 RF Cross over LF
& LF Touch next to RF
3 LF Touch heel to left side
& LF Cross over RF
4 RF Jump out to the right side
5 LF Recover weight (While jumping into it)
6 RF Recover weight (While jumping into it)
7 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)
8 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)
& RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

Section 2: Rock Back, 1/2 Turn R, Hitch, Step Back, Hitch, Step Forward, 1/2 Turn L, Hitch, Step Back, 1/2 Turn L, Hitch, Step Fwd, 1/2 Turn L, Stomp -2x

1 LF Step backwards
& RF Recover weight
2 LF 1/2 Turn right, stepping backwards (6.00)
& RF Hitch
3 RF Step backwards
& LF Hitch
4 LF Step forward
& RF Hitch, while making a 1/2 Turn left (12.00)
5 RF Step backwards
& LF Hitch, while making a 1/2 Turn left (6.00)
6 LF Step forward
& RF Hitch
7 RF Step forward
& LF 1/2 Turn left, stepping forward (12.00)
8 RF Stomp
& LF Stomp

Section 3: Step Fwd, Kick, Step Back, Touch, Jazzbox 1/2 Turn R

1 RF Step forward
2 LF Kick forward
3 LF Step backwards
4 RF Touch backwards
5 RF Cross over LF
6 LF 1/4 Turn right, stepping backwards (3.00)
7 RF 1/4 Turn right, stepping to right side (6.00)
8 LF Small step forward

***Finish: Last Time Doing Part B, Make A Normal Jazzbox Instead Of A Jazzbox 1/2 Turn. You Will Be Facing (12.00).**
