

32 counts intro

### **SIDE, DRAG, KICK-BALL-CROSS, SIDE ROCK/RECOVER, BEHIND-SIDE-CROSS**

- 1-2 RF big step side, LF drag towards RF
- 3&4 LF kick diagonally L-forward, LF close on ball of LF next to RF, RF cross over LF
- 5-6 LF rock side, recover on RF
- 7&8 LF cross behind RF, RF step side, LF cross over RF

### **POINT, CROSS, TOE SWITCHES, HEEL SWITCHES, SCUFF, STEP FWD, TOUCH BEHIND**

- 1-2 RF touch side, RF cross over LF
- 3&4 LF touch side, LF close next to RF, RF touch side
- 5&6& RF touch heel forward, RF close next to LF, LF touch heel forward, LF close next to RF
- 7&8 RF scuff forward, RF step forward, LF touch behind RF

### **SHUFFLE BWD, ROCK BACK/RECOVER, ¼ SIDE, BEHIND-SIDE-CROSS, STOMP SIDE**

- 1&2 LF step back, RF close next to LF, LF step back
- 3-4 RF rock back, recover on LF
- 5 ¼ turn L & RF big step side (9:00)
- 6&7-8 LF cross behind RF, RF step side, LF cross over RF, RF stomp side

### **FLICK, SIDE, KNEE POP IN-OUT, CROSS, BACK, CHASSE**

- 1-2 LF flick behind R-leg, LF step side
- 3-4 Turn R-knee in towards L-leg, turn R-knee out and place weight on RF
- 5-6 LF cross over RF, RF step back
- 7&8 LF step side, RF cross over LF, LF step side

### **CROSS ROCK/RECOVER, SIDE, CROSS, LUNGE, ¼ SHUFFLE FWD, ¼ TURN**

- 1-2 RF cross over LF, recover on LF
- 3-4 RF step side, LF cross over RF
- 5-6 RF step side while body is high and centred, bring your body slightly down by leaning sideways
- 7&8 ¼ turn L & LF step forward, RF close next to LF, LF step forward (6:00) & ¼ turn L on LF to Restart the dance to (3:00)

### **Start again and have fun**

**Restart** In wall 7 you will only dance the first 28 counts, count 4 in the 4th section, but you won't place your weight on the RF. You'll have to add an extra knee pop before restarting the dance from the top.

& Turn R-knee in towards L-leg

**Note** Dance is choreographed for the Countrydancers Argelès (France – February '18)