

**Count:** 48    **Wall:** 1    **Level:** Phrased Improver / Intermediate

**Choreographer:** Raymond Sarlemijn, Darren Bailey, Roy Hadisubroto, Michel Platje (Nov 201

**Music:** Admiral P Ft. Nico with D-Engel



**Style:** Fun Dance A,B, A,A, B,A, A,B, A

## **PART A – 32 counts**

### **Walk, hitch walk back, hitch**

1                    RF walk forward  
&                    LF walk forward  
2                    RF walk forward  
&                    LF hitch up left leg  
3                    LF step forward  
&                    RF step forward  
4                    LF step forward  
&                    RF hitch up right leg  
5                    RF step backwards  
&                    LF hitch up left leg  
6                    LF step backwards  
&                    RF hitch up right leg  
7                    RF step backwards  
&                    LF hitch up left leg  
8                    LF step backwards  
&                    RF hitch up right leg

### **Side steps, ¼ turn right, side steps, ¼ turn right**

1                    RF step to right side  
&                    LF step next to RF  
2                    RF step to right side  
&                    LF touch next to RF  
3                    LF step to left side  
&                    RF step next to LF  
4                    LF step to left side  
&                    RF touch next to LF  
5                    RF step ¼ to right (21.00)  
&                    LF touch next to RF  
6                    LF step to left side  
&                    RF touch next to LF  
7                    RF step ¼ right(18.00)  
&                    LF touch next to RF  
8                    LF step to left side  
&                    RF touch next to LF

### **Kick forward (Michael Jackson style) Coaster step**

1                    RF kick forward (variation bend knee inwards)  
&                    RF lift leg up  
2                    RF kick forward (variation bend knee inwards)  
&                    RF lift leg up

- 3 RF step backwards
- & LF step next to RF
- 4 RF step forward
- 5 LF kick forward (variation bend knee inwards)
- & LF lift leg up
- 6 LF kick forward (variation bend knee inwards)
- & LF lift leg up
- 7 LF step backwards
- & RF step next to LF
- 8 LF step forward

**Bouncing shuffles backwards, Sailor step ½ turn**

- 1 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 2 RF step backwards bounce knees
- 3 LF step backwards bounce knees
- & RF cross over LF bounce knees
- 4 LF step backwards bounce knees
- 5 RF step backwards bounce knees
- & LF cross over RF bounce knees
- 6 RF step backwards bounce knees start ½ turn left whilst doing this sweep LF from front to back
- 7 LF take weight( 12.00)
- & RF step next to LF
- 8 LF stomp down next to RF

**PART B – 16 counts**

**Knee lifts hands up**

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- 5 LF lift knee up whilst doing this both hand go down
- 6 RF lift knee up whilst doing this both hand go down
- 7 LF lift up left knee whilst doing this both hand go down
- & LF put LF down hands go up
- 8 LF lift up left leg whilst doing this both hand go down

**Knee lifts, Ball change, coaster step**

- 1 RF lift up right knee whilst doing this both hand go down
- 2 LF lift up left knee whilst doing this both hand go down
- 3 RF lift up right knee whilst doing this both hand go down
- & RF put RF down hands go up
- 4 RF lift knee up whilst doing this both hand go down
- & RF step forward
- 5 LF step forward both hands go forward
- 6 RF recover hands go over your head
- 7 LF step backwards hands go down
- & RF step next to LF hands go down
- 8 LF step forward hand are completely down

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